

# FREE chair Massage station



Date: Thursday,  
Jan. 21 @ Thrive  
202 W 22<sup>nd</sup> St.

Time: 1230p-  
330p

Sign up online  
for 10 min  
blocks  
(sign-up sheet is in  
your email.)

Sponsored by:



Thrive:  
A Creating Wellness  
Center

*flō*: the massage studio